

## Carrboro 10K Road Race, records

Category	Name	Age	Time	Year
<i>Overall Male</i>	Misoi, George	20	30:14	2005
<i>Overall Female</i>	Marshall, Becki	25	35:59	2005
<i>Masters Male</i>	Hinton, John	43	32:49	2005
<i>Masters Female</i>	Nesbit-Mabe, Joan	44	38:23	2006
<i>1-9 Male</i>				
<i>1-9 Female</i>	Dekker, Eliza	9	45:21	2006
<i>10-14 Male</i>	Dunson, Samuel	11	41:32	2007
<i>10-14 Female</i>	Dekker, Eliza	10	41:07	2007
<i>15-19 Male</i>	Largen, Steven	18	34:27	2003
<i>15-19 Female</i>	Kirkpatrick, Lauren	18	46:48	2004
<i>20-24 Male</i>	Misoi, George	20	30:14	2005
<i>20-24 Female</i>	Beckert, Kristen	21	39:59	2003
<i>25-29 Male</i>	Kovacs, James	25	30:35	2008
<i>25-29 Female</i>	Marshall, Becki	25	35:59	2005
<i>30-34 Male</i>	Jones, Paul	30	32:54	2005
<i>30-34 Female</i>	Swann, Laura	31	36:01	2007
<i>35-39 Male</i>	Rono, Elly	35	30:20	2005
<i>35-39 Female</i>	Hass, Emily	37	39:01	2003
<i>40-44 Male</i>	Hinton, John	43	32:49	2005
<i>40-44 Female</i>	Nesbit-Mabe, Joan	44	38:23	2006
<i>45-49 Male</i>	Hinton, John	45	35:16	2007
<i>45-49 Female</i>	Nesbit-Mabe, Joan	45	38:56	2007

<i>50-54 Male</i>	Couper, David	51	36:29	2005
<i>50-54 Female</i>	Brady, Ann	52	46:48	2008
<i>55-59 Male</i>	Couper, David	55	38:30	2009
<i>55-59 Female</i>	Wides, Catherine	56	42:56	2005
<i>60-64 Male</i>	Barlow, Michael	60	43:40	2009
<i>60-64 Female</i>	Swasey, Judith	61	53:12	2009
<i>65-69 Male</i>	Hamlin, Maxwell	65	42:21	2006
<i>65-69 Female</i>	Roggenbuck, Sharon	66	57:37	2005
<i>70-74 Male</i>	Powers, Bill	70	1:05:03	2004
<i>70 and Above Female</i>	Roggenbuck, Sharon	70	1:09:15	2009
<i>75 and Above Male</i>	Powers, Bill	75	1:06:15	2009